



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Leiner, Matthias

Club: NSV Wernigerode
Number: 1180

Course: 3.90 km
3,9 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 18:24

Speed: 9.78 km/h
Running performance: 4:43 min/km

Rank in course/Total: 17 (of 53)

Rank in course/Men: 12 (of 27)

Best time in course: 13:58

Rank in category: 1(of 1)

Best time in the category: 18:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	9:15	4:52	1	-	9	1:56	1.90	9:15	4:52	1	-	9	1:56
Ilseburg/Markt	2.00	9:09	4:34	1	-	15	2:30	3.90	18:24	4:43	1	-	12	4:26