



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Krosch, Jakob

Club: Langeln
Number: 1174

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 18:34

Speed: 12.60 km/h
Running performance: 4:46 min/km

Rank in course/Total: 19 (of 53)

Rank in course/Men: 14 (of 27)

Best time in course: 13:58

Rank in category: 4(of 7)

Best time in the category: 15:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	9:22	4:55	3	1:27	11	2:03	1.90	9:22	4:55	3	1:27	11	2:03
Ilseburg/Markt	2.00	9:12	4:35	4	1:52	16	2:33	3.90	18:34	4:45	4	3:19	14	4:36