



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Ing, Kerstin

Club: Hamburg  
Number: 693

Course: 3.90 km  
3,9 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 21:52

Speed: 10.70 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 37 (of 53)  
Rank in course/Women: 16 (of 26)  
Best time in course: 15:21

Rank in category: 1(of 2)  
Best time in the category: 21:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Prinzess Ilse Que	1.90	11:37	6:06	1	-	16	3:47	1.90	11:37	6:06	1	-	16	3:47
Ilseburg/Markt	2.00	10:15	5:07	1	-	13	2:44	3.90	21:52	5:36	1	-	16	6:31