



46. Brockenlauf
Ilsenburg / 03.09.2016

Detailed evaluation

Derksen, Twan

Club: Ionen
Number: 1185

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 23:03

Speed: 10.15 km/h
Running performance: 5:55 min/km

Rank in course/Total: 41 (of 53)

Rank in course/Men: 24 (of 27)

Best time in course: 13:58

Rank in category: 5(of 5)

Best time in the category: 14:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	12:26	6:32	5	5:07	27	5:07	1.90	12:26	6:32	5	5:07	27	5:07
Ilsenburg/Markt	2.00	10:37	5:18	5	3:46	23	3:58	3.90	23:03	5:54	5	8:53	24	9:05