



46. Brockenlauf  
Ilseburg / 03.09.2016

### Detailed evaluation

**Sikora, Sandra**

Club: Team Erdinger Alkoholfrei  
Number: 603

Course: 3.90 km  
3,9 km - Lauf

Category:  
weibliche Jugend U20 (18-19 Jahre)

Total time: 27:01

Speed: 6.66 km/h  
Running performance: 6:56 min/km

Rank in course/Total: 50 (of 53)  
Rank in course/Women: 23 (of 26)  
Best time in course: 15:21

Rank in category: 1(of 1)  
Best time in the category: 27:01

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Prinzess Ilse Que	1.90	12:56	6:48	1	-	20	5:06	1.90	12:56	6:48	1	-	20	5:06
Ilseburg/Markt	2.00	14:05	7:02	1	-	25	6:34	3.90	27:01	6:55	1	-	23	11:40