



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Sikora, Sandra

Club: Team Erdinger Alkoholfrei
Number: 603

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 27:01

Speed: 8.66 km/h
Running performance: 6:56 min/km

Rank in course/Total: 50 (of 53)
Rank in course/Women: 23 (of 26)
Best time in course: 15:21

Rank in category: 1(of 1)
Best time in the category: 27:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	12:56	6:48	1	-	20	5:06	1.90	12:56	6:48	1	-	20	5:06
Ilseburg/Markt	2.00	14:05	7:02	1	-	25	6:34	3.90	27:01	6:55	1	-	23	11:40