



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schwebe, Melina

Club: Hamburg
Number: 601

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 29:42
Speed: 6.06 km/h
Running performance: 7:37 min/km
Rank in course/Total: 52 (of 53)
Rank in course/Women: 25 (of 26)
Best time in course: 15:21
Rank in category: 2(of 2)
Best time in the category: 20:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	16:12	8:31	2	5:29	25	8:22	1.90	16:12	8:31	2	5:29	25	8:22
Ilseburg/Markt	2.00	13:30	6:45	2	3:51	23	5:59	3.90	29:42	7:36	2	9:20	25	14:21