



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Pérez García, Rubén

Club: Los Galgos running Landete
Number: 629

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 38:04

Speed: 14.19 km/h
Running performance: 3:58 min/km

Rank in course/Total: 8 (of 193)

Rank in course/Men: 8 (of 136)

Best time in course: 33:44

Rank in category: 2(of 19)

Best time in the category: 34:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	26:47	4:15	2	2:33	7	3:47	6.30	26:47	4:15	2	2:33	7	3:47
Ilseburg/Markt	3.30	11:17	3:25	2	1:00	6	1:00	9.60	38:04	3:57	2	3:33	8	4:20