



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Formella, Matthias

Club: VfB Germania Halberstadt
Number: 849

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 40:13

Speed: 13.43 km/h
Running performance: 4:11 min/km

Rank in course/Total: 11 (of 193)

Rank in course/Men: 11 (of 136)

Best time in course: 33:44

Rank in category: 1(of 20)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	28:20	4:29	1	-	12	5:20	6.30	28:20	4:29	1	-	12	5:20
Ilseburg/Markt	3.30	11:53	3:36	1	-	10	1:36	9.60	40:13	4:11	1	-	11	6:29