



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Zeh, Tell- Ludwig

Club: Turbine halle
Number: 743

Course: 9.60 km
9,6 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 42:35

Speed: 12.68 km/h
Running performance: 4:26 min/km

Rank in course/Total: 20 (of 193)

Rank in course/Men: 19 (of 136)

Best time in course: 33:44

Rank in category: 2(of 5)

Best time in the category: 40:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	29:34	4:41	2	1:49	17	6:34	6.30	29:34	4:41	2	1:49	17	6:34
Ilseburg/Markt	3.30	13:01	3:56	2	0:10	21	2:44	9.60	42:35	4:26	2	1:49	19	8:51