



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Suttkus, Thorsten

Club: NSV Wernigerode
Number: 762

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 42:54

Speed: 13.43 km/h
Running performance: 4:28 min/km

Rank in course/Total: 23 (of 193)

Rank in course/Men: 20 (of 136)

Best time in course: 33:44

Rank in category: 2(of 9)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	29:59	4:45	2	2:37	19	6:59	6.30	29:59	4:45	2	2:37	19	6:59
Ilseburg/Markt	3.30	12:55	3:54	2	1:19	19	2:38	9.60	42:54	4:28	2	3:56	20	9:10