



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schieritz, Stephan

Club: Leipzig
Number: 613

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 43:37

Speed: 13.21 km/h
Running performance: 4:32 min/km

Rank in course/Total: 27 (of 193)

Rank in course/Men: 23 (of 136)

Best time in course: 33:44

Rank in category: 4(of 19)

Best time in the category: 34:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	30:04	4:46	5	5:50	22	7:04	6.30	30:04	4:46	5	5:50	22	7:04
Ilseburg/Markt	3.30	13:33	4:06	5	3:16	36	3:16	9.60	43:37	4:32	4	9:06	23	9:53