



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Könnecke, Freya

Club: GS Prinzess Ilse
Number: 951

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Kinder U10 (8-9 Jahre)

Total time: 8:33

Speed: 12.63 km/h
Running performance: 4:45 min/km

Rank in course/Total: 54 (of 142)

Rank in course/Women: 19 (of 63)

Best time in course: 6:48

Rank in category: 6(of 30)

Best time in the category: 7:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	4:27	4:56	6	0:37	17	0:51	0.90	4:27	4:56	6	0:37	64	0:51
Ilseburg/Markt	0.90	4:06	4:33	6	0:30	18	0:54	1.80	8:33	4:45	6	1:07	19	1:45