



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

**Sprenger, Uwe**

Club: Dessau-Roßlau  
Number: 648

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 45:26

Speed: 12.68 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 47 (of 193)

Rank in course/Men: 41 (of 136)

Best time in course: 33:44

Rank in category: 5(of 20)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	31:43	5:02	4	3:23	36	8:43	6.30	31:43	5:02	4	3:23	36	8:43
Ilseburg/Markt	3.30	13:43	4:09	5	1:50	40	3:26	9.60	45:26	4:43	5	5:13	41	11:42