



46. Brockenlauf  
Ilsenburg / 03.09.2016

Detailed evaluation

Elsner, Marcel

Club: Ilsenburg  
Number: 725

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 45:23

Speed: 11.90 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 46 (of 193)

Rank in course/Men: 40 (of 136)

Best time in course: 33:44

Rank in category: 3(of 11)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	32:01	5:04	2	0:57	39	9:01	6.30	32:01	5:04	2	0:57	39	9:01
Ilsenburg/Markt	3.30	13:22	4:03	1	-	31	3:05	9.60	45:23	4:43	3	8:22	40	11:39