



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Keune, Christian

Club: SV Darlingerode / Drübeck
Number: 643

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:50

Speed: 12.85 km/h
Running performance: 4:40 min/km

Rank in course/Total: 38 (of 193)

Rank in course/Men: 33 (of 136)

Best time in course: 33:44

Rank in category: 2(of 11)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	31:04	4:55	1	-	29	8:04	6.30	31:04	4:55	1	-	29	8:04
Ilseburg/Markt	3.30	13:46	4:10	2	0:24	43	3:29	9.60	44:50	4:40	2	7:49	33	11:06