



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Greis, Michael

Club: Füssen  
Number: 823

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 48:00

Speed: 11.25 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 59 (of 193)

Rank in course/Men: 51 (of 136)

Best time in course: 33:44

Rank in category: 5(of 9)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	33:46	5:21	5	6:24	50	10:46	6.30	33:46	5:21	5	6:24	50	10:46
Ilseburg/Markt	3.30	14:14	4:18	5	2:38	48	3:57	9.60	48:00	5:00	5	9:02	51	14:16