



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Labohn, Esther

Club: Av veillwe
Number: 847

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 48:41

Speed: 11.09 km/h
Running performance: 5:04 min/km

Rank in course/Total: 63 (of 193)

Rank in course/Women: 9 (of 57)

Best time in course: 41:44

Rank in category: 2(of 10)

Best time in the category: 47:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	34:48	5:31	2	1:38	9	6:04	6.30	34:48	5:31	2	1:38	9	6:04
Ilseburg/Markt	3.30	13:53	4:12	1	-	6	1:08	9.60	48:41	5:04	2	1:06	9	6:57