



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Paetzold, Johannes

Club: Die Schildkröten
Number: 717

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 48:45

Speed: 11.08 km/h
Running performance: 5:05 min/km

Rank in course/Total: 65 (of 193)

Rank in course/Men: 56 (of 136)

Best time in course: 33:44

Rank in category: 13(of 19)

Best time in the category: 34:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	34:29	5:28	13	10:15	57	11:29	6.30	34:29	5:28	13	10:15	57	11:29
Ilseburg/Markt	3.30	14:16	4:19	10	3:59	51	3:59	9.60	48:45	5:04	13	14:14	56	15:01