



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Wei, Frank

Club: Darlingerode  
Number: 816

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 49:42

Speed: 11.59 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 71 (of 193)

Rank in course/Men: 61 (of 136)

Best time in course: 33:44

Rank in category: 6(of 9)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	34:50	5:31	7	7:28	60	11:50	6.30	34:50	5:31	7	7:28	60	11:50
Ilseburg/Markt	3.30	14:52	4:30	6	3:16	62	4:35	9.60	49:42	5:10	6	10:44	61	15:58