



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Zipper, Robin

Club: Langenhagen  
Number: 626

Course: 9.60 km  
9,6 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 50:07

Speed: 10.77 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 73 (of 193)

Rank in course/Men: 63 (of 136)

Best time in course: 33:44

Rank in category: 15(of 18)

Best time in the category: 33:44

Intermediate times

Stage score

Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |       | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|-----------------|-------------|----------------|---------------|---------------|
|                |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time  |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Loddenke       | 6.30        | 36:32         | 5:47            | 15          | 13:32          | 68          | 13:32         | 6.30  | 36:32 | 5:47            | 15          | 13:32          | 68            | 13:32         |
| Ilseburg/Markt | 3.30        | 13:35         | 4:06            | 12          | 3:18           | 37          | 3:18          | 9.60  | 50:07 | 5:13            | 15          | 16:23          | 63            | 16:23         |