



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Birbach, Oliver

Club: Braunschweig
Number: 744

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 50:05

Speed: 10.78 km/h
Running performance: 5:13 min/km

Rank in course/Total: 72 (of 193)

Rank in course/Men: 62 (of 136)

Best time in course: 33:44

Rank in category: 4(of 11)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 6.30 | 35:04 | 5:33 | 3 | 4:00 | 64 | 12:04 | 6.30 | 35:04 | 5:33 | 3 | 4:00 | 64 | 12:04 |
| Ilseburg/Markt | 3.30 | 15:01 | 4:33 | 4 | 1:39 | 64 | 4:44 | 9.60 | 50:05 | 5:13 | 4 | 13:04 | 62 | 16:21 |