



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

**Böschchen, Martin**

Club: Die Schildkröten  
Number: 718

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 50:36

Speed: 11.38 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 78 (of 193)

Rank in course/Men: 67 (of 136)

Best time in course: 33:44

Rank in category: 15(of 19)

Best time in the category: 34:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	36:16	5:45	15	12:02	66	13:16	6.30	36:16	5:45	15	12:02	66	13:16
Ilseburg/Markt	3.30	14:20	4:20	11	4:03	52	4:03	9.60	50:36	5:16	15	16:05	67	16:52