



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hahne, Uwe

Club: Skiclub Ilseburg
Number: 824

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 50:46

Speed: 10.64 km/h
Running performance: 5:17 min/km

Rank in course/Total: 79 (of 193)

Rank in course/Men: 68 (of 136)

Best time in course: 33:44

Rank in category: 8(of 13)

Best time in the category: 40:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	34:50	5:31	8	6:32	60	11:50	6.30	34:50	5:31	8	6:32	60	11:50
Ilseburg/Markt	3.30	15:56	4:49	10	3:53	77	5:39	9.60	50:46	5:17	8	10:25	68	17:02