



46. Brockenlauf  
Ilsenburg / 03.09.2016

Detailed evaluation

Groger, Kay

Club: Potsdamer Laufclub  
Number: 646

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 52:59

Speed: 10.87 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 91 (of 193)

Rank in course/Men: 75 (of 136)

Best time in course: 33:44

Rank in category: 9(of 20)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	37:38	5:58	10	9:18	78	14:38	6.30	37:38	5:58	10	9:18	78	14:38
Ilsenburg/Markt	3.30	15:21	4:39	9	3:28	69	5:04	9.60	52:59	5:31	9	12:46	75	19:15