



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Seeger, Bernd

Club: Wernigerode
Number: 666

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 53:10

Speed: 10.83 km/h
Running performance: 5:32 min/km

Rank in course/Total: 92 (of 193)

Rank in course/Men: 76 (of 136)

Best time in course: 33:44

Rank in category: 1(of 6)

Best time in the category: 53:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	37:00	5:52	1	-	71	14:00	6.30	37:00	5:52	1	-	71	14:00
Ilseburg/Markt	3.30	16:10	4:53	1	-	81	5:53	9.60	53:10	5:32	1	-	76	19:26