



46. Brockenlauf
Ilsenburg / 03.09.2016

Detailed evaluation

Matzke, Patrick

Club: T.D.M.-Laufteam Sarstedt
Number: 619

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 53:16

Speed: 10.14 km/h
Running performance: 5:33 min/km

Rank in course/Total: 93 (of 193)

Rank in course/Men: 77 (of 136)

Best time in course: 33:44

Rank in category: 16(of 19)

Best time in the category: 34:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	37:35	5:57	16	13:21	76	14:35	6.30	37:35	5:57	16	13:21	76	14:35
Ilsenburg/Markt	3.30	15:41	4:45	16	5:24	73	5:24	9.60	53:16	5:32	16	18:45	77	19:32