



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Hoffmann, Kai

Club: Turnerbund Hamburg Eilbeck  
Number: 614

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 53:29

Speed: 10.77 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 95 (of 193)

Rank in course/Men: 79 (of 136)

Best time in course: 33:44

Rank in category: 10(of 20)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	37:36	5:58	9	9:16	77	14:36	6.30	37:36	5:58	9	9:16	77	14:36
Ilseburg/Markt	3.30	15:53	4:48	11	4:00	76	5:36	9.60	53:29	5:34	10	13:16	79	19:45