



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hoffmann, Kai

Club: Turnerbund Hamburg Eilbeck
Number: 614

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 53:29

Speed: 10.10 km/h
Running performance: 5:34 min/km

Rank in course/Total: 95 (of 193)

Rank in course/Men: 79 (of 136)

Best time in course: 33:44

Rank in category: 10(of 20)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	37:36	5:58	9	9:16	77	14:36	6.30	37:36	5:58	9	9:16	77	14:36
Ilseburg/Markt	3.30	15:53	4:48	11	4:00	76	5:36	9.60	53:29	5:34	10	13:16	79	19:45