



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Stwertetschka, Anja

Club: SV 56 Timmenrode  
Number: 737

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 54:03

Speed: 9.99 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 98 (of 193)

Rank in course/Women: 18 (of 57)

Best time in course: 41:44

Rank in category: 4(of 8)

Best time in the category: 46:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	38:38	6:07	4	6:09	20	9:54	6.30	38:38	6:07	4	6:09	20	9:54
Ilseburg/Markt	3.30	15:25	4:40	2	1:21	14	2:40	9.60	54:03	5:37	4	7:30	18	12:19