



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Ahrends, Luis

Club: GS Th.-Mann-Darlingerode
Number: 974

Course: 1.80 km
1,8 km - Lauf

Category:
männliche Kinder U8 (unter 8 Jahren)

Total time: 8:46

Speed: 12.32 km/h
Running performance: 4:52 min/km

Rank in course/Total: 61 (of 142)

Rank in course/Men: 40 (of 79)

Best time in course: 5:56

Rank in category: 5(of 20)

Best time in the category: 7:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	4:40	5:11	6	0:32	43	1:37	0.90	4:40	5:11	6	0:32	79	1:37
Ilseburg/Markt	0.90	4:06	4:33	5	0:22	36	1:13	1.80	8:46	4:52	5	0:52	40	2:50