



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Weigelt, Jens

Club: handballverein ilseburg
Number: 632

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 55:39

Speed: 9.70 km/h
Running performance: 5:48 min/km

Rank in course/Total: 107 (of 193)

Rank in course/Men: 85 (of 136)

Best time in course: 33:44

Rank in category: 13(of 20)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	39:28	6:15	13	11:08	87	16:28	6.30	39:28	6:15	13	11:08	87	16:28
Ilseburg/Markt	3.30	16:11	4:54	13	4:18	82	5:54	9.60	55:39	5:47	13	15:26	85	21:55