



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Sattler, Andreas

Club: Schmatzfeld
Number: 700

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 55:47

Speed: 9.68 km/h
Running performance: 5:49 min/km

Rank in course/Total: 108 (of 193)

Rank in course/Men: 86 (of 136)

Best time in course: 33:44

Rank in category: 7(of 11)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	39:23	6:15	6	8:19	86	16:23	6.30	39:23	6:15	6	8:19	86	16:23
Ilseburg/Markt	3.30	16:24	4:58	7	3:02	86	6:07	9.60	55:47	5:48	7	18:46	86	22:03