



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kremling, Thomas

Club: SchiekepannElf
Number: 674

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:47

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 109 (of 193)

Rank in course/Men: 86 (of 136)

Best time in course: 33:44

Rank in category: 9(of 9)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	39:22	6:14	9	12:00	85	16:22	6.30	39:22	6:14	9	12:00	85	16:22
Ilseburg/Markt	3.30	16:25	4:58	8	4:49	87	6:08	9.60	55:47	5:48	9	16:49	86	22:03