



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Göbel, Uwe

Club: SK Wernigerode
Number: 686

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 55:54

Speed: 10.30 km/h
Running performance: 5:49 min/km

Rank in course/Total: 111 (of 193)

Rank in course/Men: 88 (of 136)

Best time in course: 33:44

Rank in category: 2(of 11)

Best time in the category: 48:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	39:37	6:17	2	5:51	90	16:37	6.30	39:37	6:17	2	5:51	90	16:37
Ilseburg/Markt	3.30	16:17	4:56	2	2:03	84	6:00	9.60	55:54	5:49	2	7:54	88	22:10