



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Bollmann, Manfred

Club: Brockenlaufverein
Number: 830

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 55:56
Speed: 10.30 km/h
Running performance: 5:50 min/km
Rank in course/Total: 112 (of 193)
Rank in course/Men: 89 (of 136)
Best time in course: 33:44
Rank in category: 2(of 9)
Best time in the category: 44:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	38:48	6:09	2	7:45	83	15:48	6.30	38:48	6:09	2	7:45	83	15:48
Ilseburg/Markt	3.30	17:08	5:11	3	3:57	101	6:51	9.60	55:56	5:49	2	11:42	89	22:12