



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Borowicz, Joachim

Club: Ilseburg
Number: 712

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 56:23

Speed: 9.58 km/h
Running performance: 5:52 min/km

Rank in course/Total: 119 (of 193)

Rank in course/Men: 93 (of 136)

Best time in course: 33:44

Rank in category: 2(of 7)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	39:30	6:16	2	4:29	88	16:30	6.30	39:30	6:16	2	4:29	88	16:30
Ilseburg/Markt	3.30	16:53	5:06	3	2:14	94	6:36	9.60	56:23	5:52	2	6:43	93	22:39