



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Albrecht, Dieter

Club: ESV 49 Angermünde -Die Lokvögel-
Number: 792

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 57:01

Speed: 10.10 km/h
Running performance: 5:56 min/km

Rank in course/Total: 125 (of 193)

Rank in course/Men: 98 (of 136)

Best time in course: 33:44

Rank in category: 2(of 6)

Best time in the category: 53:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	40:08	6:22	2	3:08	97	17:08	6.30	40:08	6:22	2	3:08	97	17:08
Ilseburg/Markt	3.30	16:53	5:06	2	0:43	94	6:36	9.60	57:01	5:56	2	3:51	98	23:17