



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

**Kölsch, Martina**

Club: Lc solbad Ravensberg  
Number: 797

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 58:11

Speed: 9.28 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 137 (of 193)

Rank in course/Women: 32 (of 57)

Best time in course: 41:44

Rank in category: 1(of 4)

Best time in the category: 58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	42:14	6:42	1	-	34	13:30	6.30	42:14	6:42	1	-	34	13:30
Ilseburg/Markt	3.30	15:57	4:49	1	-	22	3:12	9.60	58:11	6:03	1	-	32	16:27