



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kühn, Bernd

Club: Brockenlauf
Number: 811

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 58:22

Speed: 9.25 km/h
Running performance: 6:05 min/km

Rank in course/Total: 139 (of 193)

Rank in course/Men: 107 (of 136)

Best time in course: 33:44

Rank in category: 3(of 6)

Best time in the category: 53:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	40:53	6:29	3	3:53	105	17:53	6.30	40:53	6:29	3	3:53	105	17:53
Ilseburg/Markt	3.30	17:29	5:17	3	1:19	113	7:12	9.60	58:22	6:04	3	5:12	107	24:38