



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Priess, Maik

Club: Nossentiner Hütte
Number: 653

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 59:33

Speed: 9.07 km/h
Running performance: 6:12 min/km

Rank in course/Total: 145 (of 193)

Rank in course/Men: 110 (of 136)

Best time in course: 33:44

Rank in category: 12(of 13)

Best time in the category: 40:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	42:31	6:44	12	14:13	111	19:31	6.30	42:31	6:44	12	14:13	111	19:31
Ilseburg/Markt	3.30	17:02	5:09	12	4:59	99	6:45	9.60	59:33	6:12	12	19:12	110	25:49