



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kilian, Elke

Club: NIX tun kann jeder
Number: 679

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:00:46

Speed: 8.89 km/h
Running performance: 6:20 min/km

Rank in course/Total: 155 (of 193)

Rank in course/Women: 40 (of 57)

Best time in course: 41:44

Rank in category: 2(of 4)

Best time in the category: 58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	43:07	6:50	2	0:53	41	14:23	6.30	43:07	6:50	2	0:53	41	14:23
Ilseburg/Markt	3.30	17:39	5:20	2	1:42	40	4:54	9.60	1:00:46	6:19	2	2:35	40	19:02