



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Behrens, Nadine

Club: Bremen
Number: 752

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:01:02

Speed: 8.85 km/h
Running performance: 6:22 min/km

Rank in course/Total: 159 (of 193)

Rank in course/Women: 42 (of 57)

Best time in course: 41:44

Rank in category: 7(of 8)

Best time in the category: 46:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Wome	Behind Women		
Loddenke	6.30	43:37	6:55	8	11:08	47	14:53	6.30	43:37	6:55	8	11:08	47	14:53
Ilseburg/Markt	3.30	17:25	5:16	7	3:21	38	4:40	9.60	1:01:02	6:21	7	14:29	42	19:18