



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Genge, Silke

Club: Langeln
Number: 622

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:54

Speed: 8.72 km/h
Running performance: 6:27 min/km

Rank in course/Total: 163 (of 193)

Rank in course/Women: 44 (of 57)

Best time in course: 41:44

Rank in category: 4(of 7)

Best time in the category: 56:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	42:28	6:44	3	2:31	37	13:44	6.30	42:28	6:44	3	2:31	37	13:44
Ilseburg/Markt	3.30	19:26	5:53	6	3:03	51	6:41	9.60	1:01:54	6:26	4	5:34	44	20:10