



46. Brockenlauf  
Ilsenburg / 03.09.2016

Detailed evaluation

Liebecke, Isabel

Club: HV-Ilsenburg  
Number: 800

Course: 9.60 km  
9,6 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:02:19

Speed: 8.67 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 167 (of 193)

Rank in course/Women: 45 (of 57)

Best time in course: 41:44

Rank in category: 6(of 6)

Best time in the category: 42:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	43:30	6:54	6	13:36	44	14:46	6.30	43:30	6:54	6	13:36	44	14:46
Ilsenburg/Markt	3.30	18:49	5:42	6	6:04	45	6:04	9.60	1:02:19	6:29	6	19:40	45	20:35