



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Saymisch, Kirsten

Club: St. Gallen
Number: 1186

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:06:08

Speed: 8.17 km/h
Running performance: 6:53 min/km

Rank in course/Total: 173 (of 193)

Rank in course/Men: 125 (of 136)

Best time in course: 33:44

Rank in category: 11(of 11)

Best time in the category: 37:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	47:03	7:28	10	15:59	124	24:03	6.30	47:03	7:28	10	15:59	124	24:03
Ilseburg/Markt	3.30	19:05	5:46	10	5:43	121	8:48	9.60	1:06:08	6:53	11	29:07	125	32:24