



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Rudolph, Matthias

Club: Germania Kanusportverein
Number: 819

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:07:28

Speed: 8.54 km/h
Running performance: 7:02 min/km

Rank in course/Total: 174 (of 193)

Rank in course/Men: 126 (of 136)

Best time in course: 33:44

Rank in category: 20(of 20)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	47:44	7:34	20	19:24	126	24:44	6.30	47:44	7:34	20	19:24	126	24:44
Ilseburg/Markt	3.30	19:44	5:58	20	7:51	125	9:27	9.60	1:07:28	7:01	20	27:15	126	33:44