



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kurowski, Barbara

Club: DAV

Number: 641

Course: 9.60 km

9,6 km - Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:07:30

Speed: 8.53 km/h

Running performance: 7:02 min/km

Rank in course/Total: 177 (of 193)

Rank in course/Women: 51 (of 57)

Best time in course: 41:44

Rank in category: 3(of 4)

Best time in the category: 58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	48:18	7:39	4	6:04	52	19:34	6.30	48:18	7:39	4	6:04	52	19:34
Ilseburg/Markt	3.30	19:12	5:49	3	3:15	48	6:27	9.60	1:07:30	7:01	3	9:19	51	25:46