



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hofmann, Jürgen

Club: Salzwedel
Number: 730

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:08:44

Speed: 7.86 km/h
Running performance: 7:10 min/km

Rank in course/Total: 179 (of 193)

Rank in course/Men: 127 (of 136)

Best time in course: 33:44

Rank in category: 8(of 11)

Best time in the category: 48:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Loddenke	6.30	48:30	7:41	9	14:44	127	25:30	6.30	48:30	7:41	9	14:44	127	25:30
Ilseburg/Markt	3.30	20:14	6:07	8	6:00	126	9:57	9.60	1:08:44	7:09	8	20:44	127	35:00