



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Ullrich, Uwe

Club: Team Atemnot  
Number: 670

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:10:08

Speed: 7.70 km/h  
Running performance: 7:19 min/km

Rank in course/Total: 180 (of 193)

Rank in course/Men: 128 (of 136)

Best time in course: 33:44

Rank in category: 9(of 9)

Best time in the category: 44:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	49:45	7:53	9	18:42	129	26:45	6.30	49:45	7:53	9	18:42	129	26:45
Ilseburg/Markt	3.30	20:23	6:10	9	7:12	127	10:06	9.60	1:10:08	7:18	9	25:54	128	36:24