



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Riesen, Viktoria

Club: Bovenden
Number: 652

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:10:41

Speed: 7.64 km/h
Running performance: 7:22 min/km

Rank in course/Total: 182 (of 193)

Rank in course/Women: 53 (of 57)

Best time in course: 41:44

Rank in category: 7(of 7)

Best time in the category: 42:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	50:48	8:03	7	20:56	56	22:04	6.30	50:48	8:03	7	20:56	56	22:04
Ilseburg/Markt	3.30	19:53	6:01	7	6:59	53	7:08	9.60	1:10:41	7:21	7	27:55	53	28:57