



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schirmer, Hartmut

Club: Kyffhäuserbund
Number: 633

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 1:15:34

Speed: 7.15 km/h
Running performance: 7:52 min/km

Rank in course/Total: 188 (of 193)

Rank in course/Men: 132 (of 136)

Best time in course: 33:44

Rank in category: 1(of 1)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	53:37	8:30	1	-	131	30:37	6.30	53:37	8:30	1	-	131	30:37
Ilseburg/Markt	3.30	21:57	6:39	1	-	131	11:40	9.60	1:15:34	7:52	1	-	132	41:50